Course Overview:

First-Aid training will be conducted by our certified physician who conducted many training sessions using the conventional methods of training such as lecture, demonstration, practical exercise and examination. The length of training will be sufficient to assure that trainees understand the concepts of first aid and can demonstrate their ability to perform the various procedures.

Course Objective:

First aid training will be done by a certified physican who will cover this using conventional methods like lecture, demonstration, practical exercise and examination . Our cooperative mission is to provide leaders and workers tools, like CPR and first aid training, to deal with them properly.

Emergencies happen. They strike us at work, at home, and often when we least expect them. Our corporate mission is to provide Leaders and workers with the tools, like CPR and first aid training, to deal with them properly

Course Outline:

1. THE DEFINITION OF FIRST AID.
2. LEGAL ISSUES OF APPLYING FIRST AID (GOOD SAMARITAN LAWS).
3. BASIC ANATOMY.
4. PATIENT ASSESSMENT AND FIRST AID FOR THE FOLLOWING:
    - Respiratory arrest.
    - Cardiac arrest.
    - Hemorrhage.
    - Lacerations/abrasions.
    - Amputations.
    - Musculoskeletal injuries.
    - Shock.
    - Eye injuries.
    - Burns.
    - Loss of consciousness.
    - Extreme temperature exposure (hypothermia/hyperthermia)
    - Paralysis
    - Poisoning.
    - Loss of mental functioning (psychosis/hallucinations, etc.). Artificial ventilation.
    - Drug overdose.
5. CPR.
6. APPLICATION OF DRESSINGS AND SLINGS.
7. TREATMENT OF STRAINS, SPRAINS, AND FRACTURES.
8. IMMOBILIZATION OF INJURED PERSONS.
9. HANDLING AND TRANSPORTING INJURED PERSONS.
10. TREATMENT OF BITES, STINGS, OR CONTACT WITH POISONOUS PLANTS

Who Should Attend:

Any one

Training Language:

English

Training Methodology:

- Presentation & Slides
- Audio Visual Aids
- Interactive Discussion
- Participatory Exercise
- Action Learning
- Class Activities
- Case Studies
- Workshops
- Simulation