First Aid & CPR



HH214

Course Overview:

First aid training will be done by a expert physican who will cover this using conventional methods like lecture, demonstration, practical exercise. Our cooperative mission is to provide leaders and workers tools, like CPR and first aid training, to deal with them properly.

Course Objective:

This training course will be conducted by our profissional physician who conducted many training sessions using the conventional methods of training such as lecture, demonstration, practical exercise and examination. The length of training will be sufficient to assure that trainees understand the concepts of first aid and can demonstrate their ability to perform the various procedures contained in the outline below

Emergencies happen. They strike us at work, at home, and often when we least expect them. Our corporate mission is to provide Leaders and workers with the tools, like CPR and first aid training, to deal with them properly

Course Outline:

- 1. Legal issues of applying first aid
- 2. Basic anatomy.
- 3. Patient assessment and first aid for the following:.
- 4. CPR.
- 5. Application of dressings and slings.
- 6. Treatment of strains, sprains, and fractures.
- 7. Immobilization of injured persons.
- 8. Handling and transporting injured persons.

Who Should Attend:

Anyone, Managment team, supervisors, and any worker from any department

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Training Language:

Eng/Ar

Training Methodology:

- -Presentation & Slides
- -Audio Visual Aids
- -Interactive Discussion
- -Participatory Exercise
- -Action Learning
- -Class Activities
- -Case Studies
- -Workshops
- -Simulation

Venue | Date | Fees

Jubail | 21-10-2023 | 12,420 SAR

