

# Interpersonal Communication Skills

MC163

#### Course Overview:

in this we will increase assertive communication when your first attempts don't get the required results

#### **Course Objective:**

- -Identify different approaches to communication
- -Improve organizational communications.
- -Discover different personal listening styles.
- -Develop skills in building rapport with others.
- -Practice and use assertiveness skills in different situations.
- -The benefits and challenges of effective listening
- -The behaviours and thought patterns that demonstrate active listening
- -How to provide listener feedback to demonstrate or clarify understanding of the speaker's communication
- -The benefits of assertive behaviour
- -How to increase assertive communication when your first attempts don't get the required results

#### **Course Outline:**

INCREASING SELF-AWARENESS
AN EXAMINATION OF DIFFERENT BEHAVIOR STYLES
EFFECTIVE COMMUNICATION
ACTIVE LISTENING
DEVELOPING AN EFFECTIVE COMMUNICATION STYLE
THE SECRETS OF GREAT COMMUNICATORS
COMMUNICATING WITH DIFFERENT TYPES OF PEOPLE
COMMUNICATING WITHIN A MULTICULTURAL TEAM

#### Who Should Attend:

Any employee who wants to improve their interpersonal skills when dealing with colleagues, customers orclients, team leaders and supervisors who are looking for performance improvements on both an individual andteam basis.

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### **Training Language:**

EN / AR

### **Training Methodology:**

- -Presentation & Slides
- -Audio Visual Aids
- -Interactive Discussion
- -Participatory Exercise
- -Action Learning
- -Class Activities
- -Case Studies
- -Workshops
- -Simulation

### Venue | Date | Fees

Khobar | 21-01-2024 | 10,350 SAR Riyadh | 23-06-2024 | 10,350 SAR Khobar | 28-07-2024 | 10,350 SAR Riyadh | 28-07-2024 | 10,350 SAR Riyadh | 08-12-2024 | 10,350 SAR Khobar | 08-12-2024 | 10,350 SAR

