

**Course Overview:**

People who attend this will learn a set of principles that will change the way they view their lives as well as their performance on the job. They will grow in self-understanding, confidence, personal effectiveness, and their ability to handle the challenges and opportunities of the workplace. This is not a quick fix, but an introduction to skills and principles which will help you to develop self-mastery and enhance your ability as a leader in your organisation.

**Course Objective:**

- Embracing reality and exercising responsibility
- Clarifying your vision and defining your purpose
- Acting with integrity through valuing who you are
- Critical leadership skills
- Advanced techniques of interpersonal communication
- Empowering delegation skills
- Giving constructive feedback
- Making meetings work

**Course Outline:**

- Inherent flaws in the common symbols of success
- Redefining success based on your personal paradigm
- Respond to key moments in your life
- The emotional loop - exploring the consequences of your behaviour
- Learn the meaning and nature of personal responsibility
- Understand how you avoid taking responsibility for yourself
- Assess your willingness to accept personal responsibility
- The meaning and power of vision
- Creating a vision
- The communication process – understanding others' subjective experience
- Verbal and nonverbal communication techniques
- Identify your own and others' preferred ways of communicating
- Myths of leadership
- Interactive and institutional leadership
- Emotional intelligence
- Leadership and management
- Managing staff performance
- Motivation
- Understanding empowerment

**Who Should Attend:**

Management team, supervisors and any worker from any department

**Training Language:**

EN / AR

**Training Methodology:**

- Presentation & Slides
- Audio Visual Aids
- Interactive Discussion
- Participatory Exercise
- Action Learning
- Class Activities
- Case Studies
- Workshops
- Simulation