

Course Overview:

Emotionally intelligent management embraces and draws from numerous other branches of behavioral, emotional and communications strategies to develop more productive and successful leaders. Understanding and raising your Emotional Intelligence is essential to your success and leadership potential.

Course Objective:

- Develop interpersonal skills such as self-awareness, which is the ability of an individual to recognize and understand one's moods, emotions and drives as well as their impact on others
- Cultivate empathy or the ability to understand the emotional makeup of other people and skill in responding according to their emotional reactions
- Develop interpersonal skills which indicate the individual's proficiency in managing relationships and building networks
- Develop skills in responding to criticisms & adversity
- Leadership strategies for working with others towards shared goals

Course Outline:

- Understanding Emotional Intelligence
- What is Emotional Intelligence Quotient
- Intrapersonal & Interpersonal skills
- Develop Your Emotional Skills
- Developmental stages of human development
- Developing openness to new ideas
- Developing emotionally excellent leadership
- Action plan

Who Should Attend:

- This course is designed for all managers, leaders & professionals who need to have in-depth knowledge of human behaviors
- Anyone who is interested in developing themselves to be a better leader and manager

Training Language:

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Training Methodology:

- Presentation & Slides
- Audio Visual Aids
- Interactive Discussion
- Participatory Exercise
- Action Learning
- Class Activities
- Case Studies
- Workshops
- Simulation