

Course Overview:

Team building exercises consist of a variety of tasks designed to develop group members and their ability to work together effectively. There are many types of team building activities that range from kids games to games that involve novel complex tasks and are designed for specific needs. There are also more complex team building exercises that are composed of multiple exercises such as ropes courses, corporate drumming and exercises that last over several days. The purpose of team building exercises is to assist teams in becoming cohesive units of individuals that can effectively work together to complete tasks.

Course Objective:

- Identify team strengths and blind spots after analyzing their personal styles and preferences.
- Distinguish between groups and teams and list the major characteristics of effective teams.

Course Outline:

- Identifying the Strengths and Blind Spots of the Team
- Personal Style: Help or Hindrance for Team Development?
- Groups and Teams
- The Vital Differences
- Effective Teams: Definition and Characteristics
- High Performance Teams HPT
- Group Process: How Groups Work
- Consensus: Definition and Guidelines
- Applying Consensus in Team Building Contexts
- Task and Maintenance Functions of Groups
- Motivating & leading your work teams
- Making subordinates time conscious
- Finding Ways to Save Time
- Working smarter, not harder
- The do-less approach
- The work-faster approach

Who Should Attend:

Managers, supervisors and staff whose job involves building teams as well as working in teams

Training Language:

English-Arabic

Training Methodology:

- Presentation & Slides
- Audio Visual Aids
- Interactive Discussion
- Participatory Exercise
- Action Learning
- Class Activities
- Case Studies
- Workshops
- Simulation