

Course Overview:

Delegates will be introduced to health and safety policies, procedures and standards as well as general industry safety and health principles, Special emphasis will be placed on areas most hazardous using national health and safety standards as a guide.

Course Objective:

- State the purpose of the health and safety Act and list the functions of international standard.
- List the health and safety inspection priorities and describe the inspection process.
- Describe the rights and responsibilities of employers and employees under the international safety Act .
- The basic requirements for proper aisle and passageway maintenance.
- Guidelines for identification and protection of floor openings

Course Outline:

•Introduction to Health and Safety
•Means of Egress• Lock-Out & Tag-Out• Hazardous Classified Locations• Machine Hazards• Machine Safeguards• Walking and Working Surfaces• Noise and Hearing Conservation Programs• Occupational Health & Industrial Hygiene• Fire Safety (Fire Extinguishers)• Personal Protective Equipment (PPE)• Job Hazard Analysis• Office/Industrial Ergonomics• Hazardous Materials (Flammable & Combustible Materials)• Materials Handling and Storage (Overhead and Gantry Cranes)• Hand and Power Tools

Who Should Attend:

- Supervisors with Safety and Health Responsibilities.
- All Employees Safety and Health Awareness.
- Safety and fire officers
- Plant Engineers

Training Language:

EN / AR

Training Methodology:

- Presentation & Slides
- Audio Visual Aids
- Interactive Discussion
- Participatory Exercise
- Action Learning
- Class Activities
- Case Studies
- Workshops
- Simulation

Venue | Date | Fees

Khobar | 15-10-2023 | 10,350 SAR
ONLINE | 15-10-2023 | 7,475 SAR
Riyadh | 10-12-2023 | 10,350 SAR