

Course Overview:

This is an awareness course of Basic Workplace Safety based on OSHA.

Course Objective:

Objectives of this course are for the student to:

- Identify and take basic preventive measures against chemical hazards.
- Examine proper respiratory and personal protective equipment (PPE).
- Assess preventative measures protecting against workers falling from elevated work places.
- Illustrate the procedures involved in locking/tagging out equipment.
- Recommend protective measures for preventing confined space hazards.
- Discuss fire hazard prevention.
- Demonstrate basic first aid procedures.
- Relate how to protect oneself from the threat of bloodborne pathogens.
- Describe how to protect oneself from heat and cold stresses.

Course Outline:

This course gives you an overview of some basic workplace hazards and how you can protect yourself from them. This course will show you how to maximize safety for yourself and those around you.

You may be exposed to many safety and health hazards while on the job. These include chemical hazards, fire hazards, electrical hazards, confined space hazards, and many other important workplace safety topics.

Who Should Attend:

For all employees.

Training Language:

English

Training Methodology:

- Presentation & Slides
- Audio Visual Aids
- Interactive Discussion
- Participatory Exercise
- Action Learning
- Class Activities
- Case Studies
- Workshops
- Simulation