

Course Overview:

First-Aid training will be conducted by our certified physician who conducted many training sessions using the conventional methods of training such as lecture, demonstration, practical exercise and examination. The length of training will be sufficient to assure that trainees understand the concepts of first aid and can demonstrate their ability to perform the various procedures.

A Fire Warden's role is absolutely critical in ensuring the safe evacuation of your staff in the event of a fire. Where real fires have occurred in businesses there are many cases where fire wardens have been the heroes of the day. Fire Wardens not only need to keep a calm head in an emergency but also need to carry out their duties effectively under pressure.

Course Objective:

Emergencies happen. They strike us at work, at home, and often when we least expect them. Our corporate mission is to provide Leaders and workers with the tools, like CPR and first aid training, to deal with them properly.

For fire wardens to learn what to do and how to manage people to safety in an emergency or fire situation

Course Outline:

First Aid Module:

- The definition of first aid.
- Legal issues of applying first aid.
- Basic anatomy.
- Patient assessment and first aid for the following:
 - CPR.
 - Application of dressings and slings.
 - Treatment of strains, sprains, and fractures.
 - Immobilization of injured persons.
 - Handling and transporting injured persons.
 - Treatment of bites, stings, or contact with poisonous plants

First Aid Module:

- Fire Legislation
- The common causes of fire
- The behavior of fire
- Fire prevention
- What to do if a fire breaks out
- How to use fire extinguishers
- Emergency evacuation procedures
- Safety features within buildings
- How people react in fire situations
- Your role in the event of a fire
- Safe evacuation and fire assembly

Who Should Attend:

All Employees at Workplace

Training Language:

English-Arabic

Training Methodology:

- Presentation & Slides
- Audio Visual Aids
- Interactive Discussion
- Class Activities