

Course Overview:

This course focuses on workplace safety, health, and inspection. Throughout this course you will learn what workplace safety is, why it is important and how it affects a business.

Course Objective:

- Describe workplace safety, health and inspection.
- Recognize workplace hazards and safety issues.
- Define office safety.
- Describe proper workplace health.

Course Outline:

- Introduction to Workplace Safety, Health and Inspection
- Office Safety
- Workplace Hazards
- Other Workplace Safety Issues
- Workplace Health
- Preventative Measures
- Outdoor Workplace Safety
- Mental Health in the Workplace
- Corporate Health and Wellness Initiatives
- Routine Inspection Practices
- Accident Reporting and Investigation
- Creating a Workplace Safety Committee

Who Should Attend:

For All employees and at all levels

Training Language:

Eng/Ar

Training Methodology:

- Presentation & Slides
- Audio Visual Aids
- Interactive Discussion
- Participatory Exercise
- Action Learning
- Class Activities
- Case Studies
- Workshops
- Simulation