

# Self-Development for Engineers & Technicians

## TG131

#### **Course Overview:**

Self Development for Engineers and Technicians isimportant to maintain and develop our personal and business relationships. Most of us are not inborn with natural talents like interpersonal skills, thus require to develop this skill over a period of time and practice it. So, we emphasise on mindful communication and deliver interpersonal skills and self development training in Saudi Arabia.

#### **Course Objective:**

- -Describe the philosophy of self-developmentfor Engineers and Technicians
- -Describe the skills, qualities, and functions of for Engineers
- -Assess your self-development needs
- -Recognise how to develop key skills and qualities
- -Set goals and create a self-development plan

#### **Course Outline:**

- -Emotional Intelligence
- -Communication Skills
- -Achieving High Performance
- -Analytical Thinking & Problem Solving
- -Self-Management
- Negotiation Skills
- -Managing Productivity & Taking Initiatives
- -Design Thinking
- -Influencing Skills
- -Habits for Highly Productive Professionals
- -Teamwork Skills
- -Team Problem Solving

#### Who Should Attend:

for Engineers and Technicians

# Page: 1 | 1

## Training Language: EN / AR

## **Training Methodology:**

- -Presentation & Slides
- -Audio Visual Aids
- -Interactive Discussion
- Participatory Exercise
- -Action Learning
- -Class Activities
- -Case Studies
- -Workshops
- -Simulation

