

# **Team Building Games & Activities**

### MB216

#### **Course Overview:**

This course is designed to enable participants Identify team strengths and blind spots after analyzing their personal styles and preferences.

#### **Course Objective:**

- -Distinguish between groups and teams and list the major characteristics of effective teams.
- -Make decisions by consensus through participating in a number of team building activities.
- -Team Building games.

#### **Course Outline:**

- 1. Introduction toTeam Building
- 2. Identifying the Strengths and Blind Spots of the Team
- 3. Groups and Teams
- 4. Group Process: How Groups Work
- 5. Team Leadership and Laws
- 6. Five different team building games including:
- -Papers and other tools
- -Physical activities
- 7. Presentation & Videos.
- 8. Team Building Games & Activities

#### Who Should Attend:

Managers, supervisors and staff whose job involves building teams as well as working in teams

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Training Language: EN / AR

#### **Training Methodology:**

- -Presentation & Slides
- -Audio Visual Aids
- -Interactive Discussion
- -Participatory Exercise
- -Action Learning
- -Class Activities
- -Case Studies
- -Workshops
- -Simulation



